

MY PASSPORT *to* INDIA

Uffangali

India is a tropical country, and most homes - especially those in the southern part of the country where Chris is traveling - are not carpeted. The cool flooring feels good, and it's useful for playing many games.

One such game is *Uffangali*. To play, all you need is a smooth surface and a big pile of seeds or dried beans. In India, the most commonly used seeds are tamarind seeds, but dried kidney beans or navy beans will also work well.

You might wonder about the name of this game. In Kannada, one of the languages spoken in south India, *gali* means wind or breeze, and *uff* represents blowing. So the game probably got its name, *Uffangali*, because it is a game of blowing.

How to play *Uffangali*:

- Heap a few handfuls of the seeds on a smooth surface. The players sit around the pile.
- During his or her turn, each player blows hard, just once, on the pile of seeds. The goal is to scatter as many seeds as possible away from the pile.
- The player picks up the seeds that have blown away and places them in a separate pile. Seeds must be picked up one at a time without disturbing neighboring seeds. If another seed is disturbed, the player's turn ends.
- The game continues until the entire heap has been distributed among the players. The player with the biggest collection wins.

Source: Highlights for Children, May 2005